

What is claimed is:

1. A communications terminal comprising:
a communication section for establishing communication;
a storage section for storing a program;
a control section for controlling said communication section and said storage section; and
a usage storage section for storing the usage status;
wherein the program stored in said storage section is updated using usage status stored in said usage storage section.

2. The communications terminal according to claim 1, wherein said usage storage section stores the date/time, day of the week, or time slot during which the communications terminal is used, and wherein said program is updated at a time other than stored said date/time, day of the week, or time slot.

3. The communications terminal according to claim 1, wherein said usage storage section stores the time or frequency of use of the program stored in said storage section, and wherein the programs are updated only when said time or frequency of use is above a predefined level.

4. A communications terminal comprising:

a communication section for establishing communication;

a storage section for storing data;

a control section for controlling said communication section and said storage section; and

a usage storage section for storing the usage status;

wherein the usage status stored in said usage storage section is used to update the data stored in said storage section.

5. The communications terminal according to claim 4, wherein said usage storage section stores the date/time, day of the week, or time slot during which the communications terminal is used, and wherein said stored data is updated at a time other than stored said date/time, day of the week, or time slot.

6. The communications terminal according to claim 4, wherein said usage storage section stores the time or frequency of use of the data stored in said storage section, and wherein the data is updated only when said time or frequency of use is above a predefined level.

7. A communications terminal comprising:

a communication section for establishing communication;

a storage section for storing a program and data;

and

a control section for controlling said communication section and said storage section;

wherein, if said storage section does not have a free space for updating said program or data, said communication section transmits part of the program or data stored in said storage section to a server; and

wherein said storage section deletes said transmitted part of the program or data and updates said program or data.

8. A communications terminal comprising:

a communication section for establishing communication;

a storage section for storing a program and data; and

a control section for controlling said communication section and said storage section;

wherein said program or data is updated only when the user is privileged to use said program or data.

9. A communication system comprising:

a communications terminal which includes a communication section for establishing communication, a storage section for storing a program and data, and a control section for controlling said communication section and said storage section; and

a server which includes a communication section for communicating with said communications terminal via a communication network, a storage section for storing an update program and data, and a control section for controlling said communication section and said storage section;

wherein said communications terminal includes a usage storage section for storing the usage status of the communications terminal, and transmits an update request for the program or data stored in the storage section to said server in accordance with the usage status stored in the usage storage section; and

wherein, upon receipt of said update request for the program or data from said communications terminal, said server transmits the update program or update data to said communications terminal.

10. A method for updating a communications terminal program, comprising the steps of:

storing the usage status of a communications terminal; and

updating a program in accordance with said usage status stored.

11. A method for updating communications terminal data, comprising the steps of:

storing the usage status of a communications

terminal; and

updating data in accordance with said usage status stored.

12. An information processing device for performing a first information process and a second information process, comprising:

a usage storage section for storing execution information about said first information process,

wherein the execution information about said first information process, which is stored in said usage storage section, is used to perform a second information process.